

NOVEMBER/DECEMBER 2024



BBP EVENTS

THE BBP LUNCH CLUB X CATERLY

EVERY THURSDAY TIME: 11.30AM - 2.00PM **LOCATION: MAIN LAKE**

FLYING COW & BAKERY 91 BURGERS & BAKED GOODS

THURSDAY 31ST OCTOBER

CHEF STEF - LOADED MAC & CHEESE FRIES

THURSDAY 7TH NOVEMBER

THAT'S NUGS - CHICKEN NUGGETS

THURSDAY 14TH NOVEMBER

KOOL KATA - INDIAN THURSDAY 21 ST NOVEMBER

HUNGER & CHEEKY PANCAKES - KOREAN BOWL/BAO BUNS & **HOT SWEET TREATS**

THURSDAY 28TH NOVEMBER

THAT'S MATURE - TOASTIES

THURSDAY 5TH DECEMBER

LEAVE IT TO ESMIE - CARIBBEAN

THURSDAY 12TH DECEMBER

TRAVELLING COFFEE BAR

EVERY THURSDAY

Serving from 8.30am - 2.00pm

WASTE WORKSHOP

THURSDAY 5TH DECEMBER

Time: 9.00am - 11.30am Location: Wheat N Coffee

Birmingham Business Park is pleased to announce our first Resource Matching Workshop in partnership with the Circular Economy for Solihull and Birmingham (CEBAS) project. A resource matching workshop brings together businesses with a common goal in mind – to save money by improving the way they manage resources and waste materials. This unique CEBAS event aims to enable businesses to identify new opportunities between delegates at the event through the matching of resources, including waste, energy and water. The workshop is open to businesses of any size or sector and is suitable for both manufacturing, construction and officebased businesses alike. Whether it is office furniture, cardboard, or plastic packaging you might be looking to get rid of, we can help with the process of rehoming or reprocessing your items. To take part, please email lori@birminghambusinesspark.co.uk by Thursday 28th

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BBP CHRISTMAS WREATH MAKING

THURSDAY 28TH NOVEMBER

Time: 11.00am - 3.00pm (1 hour sessions) Location: Park Management Hub

Our sustainable wreath-making event is back! Get festive, learn a new skill, meet your neighbours, and create a beautiful Christmas wreath to bring home with you! Our landscaping team, Nurture, will host the relaxed one-hour workshop where you and your team will be shown stepby-step how to make your own unique wreath. Tickets are £10 with all proceeds going direct to our partnered charity, Birmingham Hospice.

BBP Wreath Making 11:00am - 12:00pm BBP Wreath Making 12:00pm - 1:00pm BBP Wreath Making 1:00pm - 2:00pm BBP Wreath Making 2:00pm - 3:00pm

BOOK HERE

BBP CLUBS



BBP MENOPAUSE CAFE

THURSDAY 5TH DECEMBER

BOOK HERE Time: From 1.00pm - 2.00pm Location: Park Management Hub

Come along to our monthly Menopause Café! Meet like-minded people, chat about all thing's menopause over a cuppa tea or coffee and share your experiences! This is an open meeting for people of all genders to come and chat about all things peri and post menopause related. The aim is to break the taboo and increase awareness of the impact of the menopause transition on those experiencing it, their family, friends, and their colleagues

BBP SHARED READING CLUB

TUESDAY 3RD DECEMBER

BOOK HERE

Time: From 1.00pm - 2.00pm Location: Park Management Hub

Shared reading is an internationally recognised method of promoting wellbeing, Ali Belbin will be leading a lunchtime reading session here at Birmingham Business Park free for all our occupiers. The hour session is a fantastic opportunity for participants to unwind and explore relaxation through shared reading. Includes complimentary free hot drinks and lunch

DECEMBER

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BBP NEWS



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BIRMINGHAM HOSPICE DROP-IN

THURSDAY 21ST NOVEMBER

Time: From 10.00am - 3.00pm Location: Park Management Hub

Birmingham Hospice are holding a drop in meet and greet session. Come along, meet Luke, ask any questions you may have about the hospice or hospice care in general and find out way how you and your company could get involved in supporting them through their funding crisis

HS2 BBV DROP IN SESSION

THURSDAY 21ST NOVEMBER

Time: 1.00pm - 3.00pm Location: Main Lake

High Speed Two (HS2) is the new high-speed railway for Britain. The team will be holding drop in events every third Thursday afternoon here at Birmingham Business Park at the Main Lake. At these drop-in events, you will be able to:

- talk to your local community engagement team about any concerns you may have
- see maps and plans of the project near you; and
- ask questions and explore the new railway in more

This month we will be joined by the stakeholder team from the M42 J6 Improvement scheme

LIFE TO DO LIST CAMPAIGN

Birmingham Business Park, in partnership with Birmingham Hospice, has launched the Life To-Do List campaign to inspire reflection on our dreams and life's possibilities. Colleagues across the Park are encouraged to list their aspirations, big or small, on the Life To-Do List. Select goals will be featured in an art installation along the Woodland Walk, celebrating our community's ambitions. Please submit your completed lists to the Park Management Office or by email to lori@birminghambusinesspark.co.uk by 28th November

BIRMINGHAM HOSPICE CHOCOLATE SELECTION BOX CAMPAIGN

We're calling on businesses across the park to join us in bringing joy to Birmingham Hospice patients, their families, and their incredible hospice teams this Christmas. At Birmingham Hospice cares for up to 800 people daily and need our support in collecting 800 selection boxes or chocolate treats as a heartfelt thank you. These gifts will not only show appreciation to their dedicated staff but also bring a touch of warmth and happiness to those in care and staying at their hospice this Christmas. Your generosity will make a big difference. Drop off donations to the Birmingham Business Park Management Hub

