

OUR COMMUNITY

Invested in You

SPECIAL DIGITAL EDITION | SUMMER 2020



#BBPLOOKFORWARD

New working methods and new beginnings for Park occupiers



Gold winner
International Green Apple Awards 2018 and 2019



Birmingham
Business Park

Managed by



Welcome to our digital mini-magazine for the summer. It's great to see our occupiers and stakeholders resuming some normality and business as usual, we thank you all for your support and updates.

This is a short, snappy round-up of stories from our occupiers and stakeholders as we look forward to the rest of 2020. Please keep checking our website www.birminghambusinesspark.co.uk for regular updates.

Best wishes



Liz

Liz Allister,
Park Development
Manager



BIRMINGHAM BUSINESS PARK:
SILVER CSR ACCREDITATION




Our Community magazine is produced for Birmingham Business Park by Edwin Ellis Creative Media
www.edwinelliscreativemedia.com



PARK LIFE GOES ON DURING LOCKDOWN FOR GREEN TEAMS

Water features maintained for summer

 Stonbury have continued to maintain the water features at Birmingham Business Park during the COVID-19 pandemic, conserving them for the enjoyment of the resident flora, fauna and people alike. Recent activities have included:

- Cutting back encroaching vegetation from channels, allowing water to flow unimpeded between the interconnecting ponds that zig-zag through the middle of the park.

- Testing the oxygen levels in the ponds-critical at this time of year when die back of algal blooms can de-oxygenate water, potentially leading to casualties amongst our resident fish.
- Clearing debris from pump filters and trash screens to pump chambers-essential for keeping the fountains and streams running. As well as providing interesting visual focal points, fountains and streams help to maintain healthy oxygen levels in the water and prevent stagnation.

- Not so glamorous, but an

essential part of maintenance-litter picking!

May would usually see us take part in the first of Birmingham Business Park's Bi-Annual Sustainability weeks, for which the park won a Green Apple Award in 2019 for its environmental best practice.

For this we set up a pond dipping station to give passers by the opportunity to see the aquatic life in the ponds around the park. The 'take home' message is always about bio security. Alongside the pond dipping station, we would set up a stall and engage with passers-by about the perils of moving aquatic organisms from one site to another. At times these organisms can out-compete or carry disease, wiping out native flora and fauna. Literature is always on hand about the 'check, clean, dry' campaign along with I.D. sheets for invasive non-native flora and fauna.

Hopefully we will be able to set up the stall again in the not-too-distant future!

The Stonbury Team



Our dedicated BBP contractor team have continued to work during the COVID-19 pandemic, adapting to new ways of working including social distancing, and ensuring that the Park continues to provide a safe and attractive environment to our valued occupiers.

The team have worked so hard in particularly challenging circumstances and I would like to say a big thank you to them all on behalf of the BBP Management Team.

**Erica Spink
Park Manager,
Birmingham
Business Park**

IN BRIEF

OVER 25,000 PPE ITEMS FOR NHS



Leading UK housebuilder Countryside has donated over 25,000 pieces of PPE to the NHS.

Countryside has also donated half of its £1 million communities fund within the first month of launch.

Founded in the 1950s, Countryside has won awards for sustainability and design. Its South Midlands work is based at BBP.

ARENA PLANS APPROVED




The long-term future of Resorts World Arena is looking bright, after its planning application for roof extension works was approved by Solihull Metropolitan Borough Council.

The plans to develop the almost 40-year-old arena will increase seating capacity by 38% to accommodate audiences of up to 21,600 and create up to 220 new part-time roles.

GREGGS OPEN



The Business Park Greggs has reopened. Initial opening hours are Mon to Fri: 7am-5pm, Sat: 7am-1pm, Sun: closed.

 Birmingham Business Park-based Open Study College [OSC] have made significant improvements to their offering to allow many learners to start their studies with little interruption when the nationwide lockdown came into force.

Over lockdown the college has seen an influx in people selecting study as a way to support their mental health – something everyone at OSC feels strongly about. Not only that, they have also seen people using this time, with many adjusting to a slower pace, for reflection on their careers and looking to retrain.

The distance learning college, which offers a mix of vocational courses and accredited qualifications such as A Levels, has been providing increased support for those looking to use this time productively. For example, offering 0% deposit on payment plans to ease the financial burden – not letting anything get in the way of people's futures – and developing advice guides for specific career paths, which can be found at www.openstudycollege.com/career-guide. This is supported by a free employability guide to help people understand what skills employers are looking for.

The college has also recently developed a number of partnerships with a view to helping students even further after they've finished their studies. CV support and a partnership with a recruitment specialist means students can be supported to get their

COLLEGE ADAPTS FOR LOCKDOWN LEARNERS

OSC's family values at the fore with new ideas to support distance learning

dream job when their course ends. As a digitally focused business with all tutors working remotely,

OSC have been able adjust to the UK lockdown quickly and maintain business as usual from home.

They've also been able to continue to innovate and strengthen their offering with new courses such as Fashion Styling, which includes hands on support from an experienced fashion stylist.

Samantha Rutter, CEO, Open Study College, said: "We have been really encouraged by so many people using this time productively to study and get ahead with achieving their goals.

"As an organisation built on family values, supporting people to achieve their ambitions is at the heart of everything we do, so it has been even more important during this time that we have been able to adapt quickly with very little interruption to our learners.

"We already had the infrastructure in place for our tutors, so it was a seamless transition to roll this out to the rest of our colleagues quickly. We are really pleased with how our teams have adapted to working remotely and the benefits that this provides, and are taking those learnings to adapt our working practices for the future, not just for our colleagues but for our learners and business partners too."



Samantha Rutter, CEO, Open Study College



Vinita picks up award from leading inclusion organisation

 IMI have announced that Vinita Meissner has won a Rising Star Award, from a leading inclusion organisation in the UK.

The Product Applications and Value Engineering Lead at IMI Truflo Marine was one of five winners of the WeAreTheCity Rising Star Award in the Women in Defence category.

On picking up the award Vinita said: "I'm really pleased to be recognised alongside so many other incredible women for a Rising Star award. I plan to continue my work in STEM outreach and recruitment to try and decrease the equality gap in engineering. I hope this shows other young girls and women that being an

engineer is achievable for anyone."

Since joining IMI in 2018 Vinita designed bespoke valve systems for use on nuclear and conventional submarines.

Outside of IMI, Vinita is passionate about encouraging young girls and women to consider careers within the engineering industry. She is a STEM Ambassador and active members of both the Women

in Engineering Society and Women in Science and Engineering.

Helen Afford, General Counsel, IMI Critical, added: "It is fantastic to see Vinita's achievements being recognised with this prestigious award. Vinita is a brilliant engineer, an inspirational role model and an important contributor to our work to increase inclusion and diversity across the division."

'Vinita is passionate about encouraging young girls and women to consider careers within the engineering industry'

PARK LIFE

LESLEY RAHMAN
PA Office Manager
Countryside Properties
(South Midlands)



TELL US ABOUT YOUR BUSINESS

Countryside is a leading UK developer specialising in building communities, not just houses. With over 60 years' experience, we continue to make a positive impact with regeneration schemes in London, the South East, the North of England and the Midlands.

WHAT DO YOU DO?

I am PA Office Manager for the South Midlands region. My role has changed dramatically in recent weeks as a result of COVID-19. I am now dealing with daily staff rotas, organising socially-distanced workstations, ensuring that the office is COVID secure along with our team of COVID Champions and making sure the staff within are safe. Countryside as a business have worked tirelessly in their response to the pandemic, and the safety of our staff and any essential visitors is paramount.

LIFE AT THE PARK?

BBP is a fantastic location with links to the M6, M42, Birmingham International Station and the Airport. My colleagues and I enjoy walking around the estate, the waterside, and using the recently opened through-road to the pub! The Park is always clean, and it's a place you can work and feel safe. There are food outlets and plenty of areas to sit and enjoy downtime.

YOUR MESSAGE TO A COMPANY THINKING OF MOVING HERE?

I would not hesitate. The office facilities are excellent, with ample parking so the roads are kept clear ensuring safe, uninterrupted travel through the Park at rush hour. BBP put real emphasis on social values and businesses are kept up to date with wellbeing events and local news. The Business Park Management Team are always available, giving us a feel of 'community' – it is a great place to work.

CITIZEN MAINTAINS CRUCIAL SERVICES

Citizen, one of the biggest social landlords in the country, has been working hard to keep its crucial services going during lockdown.

The organisation employs 1,000 staff and provides 30,000 homes across the West Midlands.

While its Birmingham Business Park office has been almost empty during lockdown, the organisation has been supporting its staff and tenants throughout the last few months.

Around half of Citizen's staff are normally based in offices and most of them have been continuing to provide support functions from home.

Meanwhile, the other 500 staff are based out in its communities, including a 400-strong team of repairs operatives, cleaners and gardeners and a team of neighbourhood officers.

While Citizen's residents have been living in lockdown it has been trying to support them with everything from continuing to provide crucial repairs in their

home, to financial support and much more.

Kevin Rodgers, the organisation's Chief Executive, said: "Like all organisations we have been adjusting to a new normal.

"The services that we provide are hugely important to the people who need them, and our teams have been working extremely hard to continue to provide them.

"Our relationship with our tenants and our communities goes beyond a customer relationship and we have been working hard to reassure and support people through what has been a really challenging few months.

"A lot of this work, for both our teams and our tenants, has been focused around supporting wellbeing."



SULZER STILL ON TARGET FOR NEW SERVICE CENTRE LAUNCH

Historic company's new building is taking shape



Despite the challenges of the COVID-19 pandemic, Sulzer's new 82,000 sq. ft state-of-the-art service centre is on track and is beginning to establish itself on Birmingham Business Park.

As planned, the building is now watertight, and attention is turning to the internal construction of the workshop area and the offices.

Throughout spring, the project saw the initial foundations blossom into a sealed facility. In the workshop area the concrete floor for the entire warehouse space is complete, and the mechanical and electrical installations are well under way. The overspeed pit civil works have been completed and the overhead craneage system is beginning to be installed.

Aside from the workshop, the facility will house the UK Headquarters, and the main office area is beginning to look like home. All windows have been installed, the partitioning walls and raised flooring are complete and the mechanical, electrical and data installations are nearing completion.


Outside of the facility the progress continues



as access routes become a reality, with the block work for pedestrian access beginning to take shape. Both service yards have had the concrete base laid and the perimeter fencing has been completed, taking the project another step closer to reality.

Warren Bell, Project Manager for Sulzer, said: "Now that it is watertight, we can really make some progress inside this fantastic building. The office floors are in and soon the overhead crane system will be installed. Once this is complete, we will really start to see the various business areas take shape."

VAISALA RELOCATION BEATS THE CLOCK DESPITE COVID-19

 A hi-tech company's relocation to Birmingham Business Park is ahead of schedule, despite the restrictions of lockdown.

The British arm of Helsinki-based measurement technology and services specialist, Vaisala, had been based at the University of Birmingham (UoB), since it began life as a start-up in the mid-80s.

Vaisala – which was established in the 1930s – acquired the fledgling business in 1989, and it has since become the global company's HQ for all its operations in the UK and the Republic of Ireland.

Weeks before the first signs of COVID-19 though, the business identified that it would need to move, and country MD, Geoff Hart, brought in KWB to identify a short-list of potential locations.

"We weren't 'unhappy' there, but the working world had begun to change. We were moving to a model which incorporated more remote working, and wanted to have more flexibility within our space. Ideally, we'd have gone for a nearby location, but there was nothing suitable," he recalls.

"Several options were discussed. Quinton Business Park would have done the trick, but didn't quite have the right space. We were quite keen on Blythe Valley, but



New home at Bishops Court for hi-tech company

again they didn't have the right availability, and we finally decided on Bishops Court, on Birmingham Business Park.

"We were impressed by the building and the park environment. It has good connectivity, for sure. We also liked how efficiently it is run. Inevitably, the first focus for all universities is their students rather than tenants, so we're looking forward to having a strong and professional relationship with our new landlord." However, just as work got underway to fit the space out to Vaisala's requirements, COVID-19 impacted the UK economy and it appeared the relocation plans would be thrown

into chaos, as Adrian Southall, director of KWB Workplace explains.

"The contractor had just started, but stopped almost immediately following the government's initial advice. Then, there were discussions about what were essential services, and which companies should be operating," he says. "Much of Vaisala's work here is weather related road surface state forecasting for Highways England, when they should [or shouldn't] be gritting road surfaces for instance.

"Their advice had previously proved both accurate and invaluable, so Vaisala was classified as a provider of critical infrastructure services. Achieving that status meant we could ask the contractor to return, agree safety protocols, overcome all the challenges – and to budget – so

the space is now ready to occupy. "Their change of status proved crucial, because of course they'd given formal notice to leave their previous space. Even COVID-19 doesn't change lease law or other legal restrictions, and their 'exit' date from the UoB buildings still applied."

Vaisala is now deciding on the new operational model for its 50+ UK-based employees, before they move into Bishops Court.

"We will rarely have more than 25 in the office on any one day," says Geoff. "Some are field service engineers spread across the country, our sales managers work from home in their regions, and our help-desk operates on shifts, because it works 24/7.

"As we're now ahead of our original timetable, despite the challenges of completing the move during lock-down, we have plenty of time to fine-tune the new model and we expect to be in the new space and fully operational from there at the start of July."

Article courtesy KWB Workplace

'We were impressed by the building and the park environment'





Paving the way in life sciences from the heart of the Park



IPS-Integrated Project Services have had their European Headquarters in Birmingham Business Park for over four years, and have upscaled their office space twice in that short history.

Having operated in the US for over 30 years, Birmingham was the first of their now four European locations. With their range of clients and projects in Europe continuing to expand at a rapid rate there will be continued growth and expansion across the region.

We took the opportunity to speak to IPS' Managing Director for EMEA, [DARYN JENKINS](#), about how the company are operating in light of COVID-19, and the work they have been doing to develop vaccines alongside their clients.

Pictured above: Celebrating 30 years of IPS in 2019

During the COVID-19 outbreak, we at IPS have been looking at how we can continue to apply ourselves in the delivery of complex projects in the pharmaceutical and biopharmaceutical industries. Over 95% of IPS' business is delivered to life sciences and we believe that this specialisation elevates the skills of our personnel in meeting the unique, specific needs of the industry.

We are fortunate enough to have a team of over 160 experienced engineering professionals across Europe, with the skillset to support the design and execution of projects that can make a difference to the global drive for vaccine production and the fight against COVID-19.


We are very proud to have been involved in working towards eradicating this pandemic through vaccine readiness and hospital support across Europe. We feel we have an ethical responsibility to apply the skillset that exists within the business to support the fight

in whatever way we can. Globally, we have been working alongside our clients (including Lonza and Pfizer) to enable a fast track delivery of solutions, as well as providing advice to the White House Executive Office of the President.

Innovation is at the heart of everything we do and our success is built upon collaboration with our clients and across the supply-chain. We look at delivering the best project solutions for technically complex facilities throughout the entire project lifecycle. This can be through a fully integrated project delivery method incorporating engineering, procurement, construction management, and validation services in whole or in part.

IPS are based at 2100 The Crescent and use this as their base for operations across Europe. Although most of their staff are still working from home, they've been able to maintain full functionality and have continued to grow during this difficult period.

BBP announces further support

 Birmingham Business Park's charity partnership with Age UK Solihull has been extended for a third year until the end of 2021.

The Business Park has supported Age UK Solihull since 2019, collecting food and gifts for older people, hosting Easter and Christmas events, selling BBP honey, and welcoming the fundraising team to events on the park including movie days and a Wimbledon event.

The Park also sponsored a Smartphone Quiz Night at Resorts World in March 2020. Several companies from the Park entered teams, helping raise over £2,000. Lockdown ensued shortly after, so upcoming events, including a St George's Day Walk and three bike races, were postponed.

However, the Business Park has continued to offer support. Donations of food continued, companies based on the park offered support, including IMI plc who donated £250, and the Business Park sponsored an Online Quiz Night.

Age UK Solihull is a local charity that supports older people in later life. Some services have been suspended due to the coronavirus crisis, but it still offers telephone befriending, welfare checks, support with shopping and prescription collection, virtual exercise classes and information



Park extends Age UK charity partnership

and advice over the telephone. Lorraine Hart, Fundraising Manager, said, "We're so grateful for Birmingham Business Park's support before and during the coronavirus crisis, and we're looking forward to developing our partnership even further next year. Demand on our services has increased, with a 353% increase in calls in and out of our main phonenumber during the first six weeks of lockdown, but our fundraising stream has been limited due to closed shops and cancelled events.

"The activities and events in collaboration with the Park have not only raised funds for us as a charity but have also directly involved some of our clients.

Working with the Park has also helped promote the work we do for local older people amongst the businesses on site, many of whom have family members who may need our support."

Liz Allister, Birmingham Business Park Development Manager said: "Birmingham Business Park are delighted to support Age UK Solihull for a third year to the end of 2021."

Pictured above: Liz Allister with Lorraine Hart and Rebecca Jacob from Age UK Solihull.



DOGS' HOME: STAY PAWSITIVE!

August will see the launch of Birmingham Dogs Home's month of 'Pawsitivity' when the charity celebrates everything that is pawsitive about rescue dogs and dog ownership.

The campaign will offer lots of digital ways to engage with and support the hard-working team at BDH who have continued to care for stray and abandoned dogs every day behind closed doors during lockdown.

The campaign will include an online dog show, virtual tour of the centres, as well as the new 'Lock-Down Lottery' which has a cash prize. Dog owners will also be encouraged to share pawsitive stories about how their dogs have helped them to cope during these difficult times. This is to raise awareness about the needs of the charity and vital funds.

BDH's Head of Fundraising, Fi Harrison, said: "We have loved putting together lots of creative ideas to make this campaign a pawsitive success. We have celebrity involvement planned and we are grateful to the team at Birmingham Business Park who have continued to support our dogs when we have needed them most."

Visit www.birminghamdogshome.org.uk for information.

SHUTTLE BUS: NEW TIMETABLES

Claribels has restarted its 75 International Station to Birmingham Business Park shuttle service to its previous timetable (every 12 minutes).

The service to Sutton Coldfield will remain at its current Saturday timetable.

Although Claribels will be starting service 75 to previous pre-coronavirus levels passengers should note drivers are following government social distancing guidelines and vehicle capacity is capped at 25%.


When the driver feels the vehicle is at its maximum safe capacity the bus will

then display a BUS FULL sign. At that point it will operate a one on, one off policy. It cannot be guaranteed there will be space for all those wishing to travel.

Face coverings are now mandatory on public transport and it is recommended passengers wash their hands before boarding and as soon as practically possible after alighting.

Most importantly if you have any COVID-19 symptoms please do not travel. Please consult the NHS immediately and consider the health and safety of your fellow passenger.

M42: GO-AHEAD FOR JCT6 IMPROVEMENTS

 Development consent has been given for improvements to junction 6 of the M42 to allow better movement of traffic on and off the A45, supporting access to Birmingham Airport and preparing capacity for the new HS2 station.

The key components of the scheme include:

- A new dual carriageway link between the Clock Interchange and a new junction on the M42 north of the Solihull Road allowing traffic travelling northbound to exit the M42 and traffic travelling southbound to join the M42.
- The new dual carriageway would be to the west of Bickenhill and would generally be below ground level and pass beneath the B4438 (Catherine de Barnes Lane), at both the north west and south west corners of Bickenhill.
- Improvements will be made to


the Clock Interchange and the A45 between the Clock Interchange and the M42, including potential improvements to non-motorised user routes.

- Free flow links will be provided around the north west and the north east of the M42 junction 6.
- Improvements will also be included on the south east side of the M42 junction 6, the A45 westbound (east of the M42 junction 6) and the M42 junction 6 southbound slip roads to improve the performance around this quadrant of the junction.

Highways England senior project manager, Jonathan Pizey, said: "We're delighted to receive the Secretary of State's decision, which represents a major step forward in developing a scheme to unlock congestion and promote economic growth in the West Midlands."



HS2: LATEST NEWS FROM THE INTERCHANGE AREA

 High Speed Two (HS2) is the new high speed railway for Britain.

When fully operational, nearly half of the UK population will be linked to 25 existing and new HS2 stations. It will provide reliable connections, and more comfortable and faster journeys, giving people more choice about where they live and work.

By releasing space on existing railway routes, HS2 will create more capacity for additional commuter and freight services, and in turn, improve air quality and reduce carbon emissions. HS2 will also generate a huge boost to jobs, homes and growth in the cities and communities it services. Find out more about HS2 at: www.hs2.org.uk

Early works for HS2 are being carried out by a joint venture between Laing O'Rourke and J. Murphy & Sons, known as

LM. Near Birmingham Business Park (BBP), LM is working around the A452, A45 and M42, which surround the site of the future HS2 Interchange Station. This area is referred to as the Interchange area.

WHAT TO EXPECT IN 2020

Throughout 2020, there will be traffic measures on Northway Island and on the B4438, A452, A446 and M42. During this time, varying stretches of the road network will be affected for varying durations of time. LM's works will be phased to avoid overburdening the network.

Over the next two years, LM will extend and improve the existing local road network, as well as create new routes on HS2 land, to ensure that when the future station is operational, the network is fit for purpose. In the coming



Left: Artist's impression of the future HS2 Interchange Station
Image courtesy HS2



Above: Artist's impression of the future road network in the Interchange area
Image courtesy LM

months, LM will begin to construct the first part of this network on HS2 land alongside the B4438. LM are also carrying out works such as creating new drainage and footpaths on and around Northway Island.

During 2020, LM will construct four new highways bridges. In the future, these bridges will connect the current highways network to the new routes being created. One bridge will be located over the M42 and another over the A446, as well as two bridges on HS2 land surrounded by the A452, A45 and M42. In early August, the M42 will close between junctions 6 and 7A (northbound) and 9 and 6 (southbound), for one weekend, to allow LM to install the M42 bridge deck.

This schedule is subject to change depending on site and weather conditions, and HS2 will keep you informed of any adjustments at: www.hs2insolihull.co.uk



UNCOVERING BRITAIN'S PAST

Before HS2 builds the new railway and the Interchange Station, the surrounding area will become part of the largest archaeology programme ever undertaken in the UK. Across the HS2 route, more than 1,000 archaeologists, scientists and conservators are revealing the everyday lives of people and their communities from the last 10,000 years. Find out more at: www.hs2.org.uk/archaeology HS2 are holding online archaeology events to share details of the exciting finds from along the line of route. Subscribe to www.hs2insolihull.co.uk to receive alerts about upcoming events, including how to register for tickets.

Pictured: Archaeological works near Coleshill on HS2 land
Image courtesy LM

HS2 INTERCHANGE STATION WINS AWARD

The future HS2 Interchange Station has become the first railway station globally to achieve the BREEAM 'Outstanding' certification, putting it in the top 1% of buildings in the UK for eco-friendly credentials.

This landmark award recognises the station's eco-friendly features,

including maximising natural daylight and ventilation, a station roof design that will capture and reuse rainwater, and features to enable net zero carbon emissions from day-to-day energy consumption.

BREEAM is the Building Research Establishment's Environmental Assessment Method. It sets the standard for best practice in sustainable design.

STAY UP TO DATE WITH HS2'S WORKS

Sign up for news updates about HS2 in Solihull at www.hs2insolihull.co.uk, including information about traffic measures, online events, community and business funding, and station development.

Do you have a question about HS2? Get in touch with HS2 via the Helpdesk team on **08081 434 434** or hs2enquiries@hs2.org.uk



Our measures to Ensure our Business Park is COVID-Secure

Sanitiser Stations

Workman managed multi-let communal areas will now feature hand sanitiser stations, as well as the normal soap provided. Please check with your own landlord/employer for your own Covid protocols.



Social Distancing

There is signage across the core estate and lakes to meet the two metre distancing guidelines. Table tennis tables, benches, outdoor gym and outdoor games will be out of use until further notice, please keep up to date by visiting www.birminghambusinesspark.co.uk



Increased Signage

Social distancing signage is in place across the core estate of the Business Park so occupiers can easily navigate the Business Park.



PPE

You might see our contractors wearing Personal Protective Equipment whilst cleaning or dealing with occupiers.



Wellbeing & Bio Diversity

All Birmingham Business Park activities and special events online at: www.birminghambusinesspark.co.uk/life-on-the-park/whats-on



Improved and Regular Communications

Visit our website for regular updates, digital magazines and newsletters at www.birminghambusinesspark.co.uk. Find us on twitter @birmingham_bp. Any queries please contact 0121 717 7000 option 1 Park Management Security or reception@birminghambusinesspark.co.uk #BBPlookforward



Community Spirit

We have a duty of care to our employees, occupiers, visitors and everybody entering our Park. Please refer to our guidelines, Government guidelines and your own company guidelines to keep everyone safe.



www.gov.uk/guidance/working-safely-during-coronavirus-covid-19

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Invested in You

WHAT'S ON JULY 2020

#BBPWellBeing | #BBPLookforward
TWEET YOUR PHOTOS TO WIN PRIZES @birmingham_bp



BFit ONLINE



YOGA

EVERY TUESDAY, WEDNESDAY & THURSDAY

Time: 12.30pm - 1.15pm/6.30pm - 7.15pm

Online contact: berengh@me.com 07759

461416 to register your place or for further information



MINDFULNESS - LEARN TO DE-STRESS AND UNWIND

THURSDAY 2ND, 16TH & 30TH JULY

Time: 1.10pm - 1.50pm Online via Zoom.

Please email lorraine@waystoflourish.com

or call 07538 275113 to register your place or for more details. All you will need is a laptop, tablet or smartphone and quiet place to take part in the session



TAI CHI QIGONG FOR HEALTH AND WELLBEING

THURSDAY 9TH & 23RD JULY

Time: 12.15pm - 1.00pm Outside at the

Main Lake weather conditions permitting or online via Zoom. A series of gentle movements to aid stress relief, relaxation and overall wellbeing. Sessions can help to relax and re-energise mind and body. They can be done standing or seated. If you are unsure whether Tai Chi Qigong is for you, please contact me for a link to one of my introductory videos or for more information and details of how to join please contact Julia Mitchell 07795 498949 bookings@hattontaichiqigong.com

BSpoilt



"LISA'S SWEET TREATS" CANDIES & CHOCOLATES

Online at

<https://www.lissasweettreats.co.uk/shop>

Lisa's Sweet Treats an independent business offering a variety of sweets in jars, bags, gift boxes and chocolates

EVENT CALENDAR AVAILABLE ONLINE

birminghambusinesspark.co.uk/whats-on



birminghambusinesspark



Birmingham Business Park



@birmingham_bp



THE BODY SHOP

Online at The Pamper Place by Katie, Facebook. Discounts available on majority of Body Shop products for just £2.50 charge.

FREE delivery for any orders over £25. Join Facebook group "The Pamper Place by Katie" for latest offers, email Katie Smith 07891225868 or the_pamper_place@outlook.com



"TROPIC"

Online at <https://tropicskincare.com/pages/chantelleliardi>.

Skincare inspired by the tropics. Cruelty free make up. Vegan skincare. Discover your one way ticket to gorgeously glowing skin! Multi Award winning beauty.



"USBORNE" INDEPENDENT BOOK ORGANISER

Online at https://org.usbornebooksathome.co.uk/URL_chantellesbookworms

Bringing a bookshop to 'you' the customer. Books for all ages from birth to young adult with over 3000 titles!



"WICKS OF WATER ORTON" WAX CANDLES

Online at www.wicksofwaterorton.co.uk

BBP10 discount code, giving all BBP employees 10% off orders. Wicks of Water Orton, independent local business producing hand poured wax candles, 100% soy wax, paraben free. please visit: <https://www.wicksofwaterorton.co.uk> and order on line, we also offer a gift service on our website



STYLED ON ETSY

Online at <https://www.etsy.com/shop/StyleShed>



Handmade gifts and cards, creating positive memories



BHappy



Please donate non perishable food donations for Age UK Solihull and dog food/toys for Birmingham Dogs Home - all donations to be placed outside the Park Management Office

BThere



LIVE BEE EVENT FRIDAY 10 JULY 2020

Time: From 3.00pm



Join our beekeepers here at Birmingham Business Park inspecting our very own hives!

During the course of the film we will look at the general health of the hives, meet some of the residents and see what they have been upto during lockdown.

As the inspection continues the beekeeper will explain what the bees do, how they collect nectar and turn it into honey log on to

<https://www.birminghambusinesspark.co.uk/whats-on/>

to watch the video.



MENTAL HEALTH FIRST AIDERS TRAINING

Online course which teaches participants

how to spot the signs and symptoms of mental ill health and provide help on a first aid basis. Places are being offered at a discounted rate of £210 per delegate for 4 sessions plus pre-learning course.

Minimum of 12 delegates. All delegates must be able to attend all four sessions and be committed to the completion of pre-learning. Certificates will be issued upon completion. Please contact Lorraine Checklin, of Flourish Health and Wellbeing on 07538 275113 or email lorraine@waystoflourish.com for more information or to reserve a place

BReady



HS2/LMV ONLINE EVENTS FOR BUSINESS

Please click on the following link to register for our forthcoming events

<https://www.hs2.org.uk/events/work-with-us-wednesdays/>



KEEP UP TO DATE WITH HS2

HS2 are working near Birmingham Business Park throughout 2020. Stay updated with all their works, including traffic measures and engagement events, by subscribing for live news updates at: <https://www.hs2insolihull.co.uk>

SAVE THE DATE



#BBPMOVEDAY

September 10th, 12.30pm
- main lake

Back to the Future
Movie screening with deckchairs, free popcorn, free food (first come, first served) plus free photos from Air Stream photo booth and fantastic prizes for best-dressed '80s throwback!

PARK FOOD BANK DONATIONS SOUGHT



Birmingham Business Park is accepting non-perishable food donations for Age UK Solihull and dog food, treats and toys for Birmingham Dogs Home.

The food bank is situated outside the Park Management Office.



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